

## **BOARD MEETING MINUTES**

Date: August 5, 2020 Time: 7:00 p.m. Place: ZOOM Meeting, <u>https://zoom.us/i/375320938</u>

Present: Tom Langland, President Eric Jensen, Superintendent Don Wolczko, Secretary Eric Pryne, Commissioner LeeAnn Brown, Commissioner Wendy Noble, Commissioner

Guests: Jeff HansPetersen, MD Mary Bergman Debbie Jackson Marcie Rubardt Mitzi Laney Chelley Rohrig Remony Henry Annie Miksch Kerry

Jess Cagle Jessica Wesch, MD Jane Neubauer Patricia Haley Melissa McEachern John Weinshel

1. The meeting was called to order at 7:02 p.m. by Tom Langland, President.

2. There were no changes or additions to the August 5 Agenda

3. Approval of the minutes were deferred.

#### 4. Superintendent Report

Eric reported that the Neighborcare Health contract was executed by both parties effective July 15. The contract provides that Neighborcare will manage the clinic consistent with current operations through October 31, 2020. The subsidy through the October 31 date will be \$440,000.

He noted that Commissioners have copies of the joint press release regarding the Neighborcare contract and its term along with frequently asked questions. Neighborcare Health will be sending it to the Beachcomber and posting it on their website.

Eric also reported on communications he has had with a number of stakeholders.

#### 5. Old Business/Committee Reports

STAFF AND PROFESSIONAL SERVICES: No report.

#### TEHNOLOGY AND FACILITY:

Lee Ann reported on the renewal of the District's E&O liability insurance. The renewal premium is \$3300.

Lee Ann then introduced her concerns about the District not having a robust communication strategy for the island. She acknowledged our use of the Beachcomber and the website, but pointed out that this isn't enough to reach a significant number of island residents. When asked about website visit statistics, she indicated we don't have that at this time. Discussion followed regarding the need for a social media presence. She encouraged the board to consider a new committee with community member participation. Tom asked her to spearhead formation of the committee and use her contacts to begin identifying people willing to participate in this effort. Lee Ann also indicated that she has a new employee in her business who is very good on social media and will be a resource.

#### FINANCE:

Don reported that he and Jojo have been getting tutorials and educational support from our accounting service provider Lake Kennedy McCulloch (LKM). A major part of this has been payroll training for Gusto. Also for Quick Books Online (QBO), the software we will be using for tracking our warrants. He indicated that we have current warrants outstanding as follows: 1) \$657 for Lake Kennedy for accounting; and 2) \$110,000 for the first payment to Neighborcare.

**Action:** Commissioner Wolczko moved to approve warrants for Lake Kennedy and Neighborcare Health. Commissioner Pryne seconded. Motion passed.

#### EXTERNAL RELATIONS:

Commissioner Pryne asked for Eric J. to report on the status of our discussion with provider groups. He reported that since our last board meeting, representatives of two providers have visited the clinic, toured and spoken with some of the staff. He was in attendance at both visits. Both provider representatives indicated that they would be able to work with the current clinic facility in the short-term until a replacement clinic could be built. One of the providers indicated that they would be willing to finance and construct a new clinic themselves. The other would look to the District to fund and build a new clinic. Greg Martin, President of the Sunrise Ridge Board, indicated a preference that they lease the building to the District and the District sub-lease the clinic to the new provider.

#### PLAN B OPTIONS:

Commissioner Langland asked Commissioner Pryne and other commissioners to provide updates on Plan B options. Commissioner Pryne commented on the existing transportation voucher program provided by Vashon Youth and Family Services (VYFS). If the District wanted to support transportation vouchers, it could do so through this existing program. He also noted the existence of the Washington State Telehealth Collaborative as a source of information on use of telehealth services.

Commissioner Noble spoke to urgent care services by concluding that her assessment indicates that urgent care as a standalone service is clearly not feasible. Urgent care services could be part of an existing clinic in the form of walk-in appointments, including after hour appointments.

Commissioner Langland stated that the retail clinic option is not viable in a small community the size of Vashon Island, so it will be pulled off the table.

Commissioner Brown updated the Board on community paramedicine. She commented on six jurisdictions in King County that are testing these types of programs. Her conclusion is that these are programs that are designed to connect people to alternative health care resources in the community. It may be something to consider down the road.

Commissioner Wolczko spoke to his conversation with Kelly Wright of Vashon Natural Medicine about the capacity of her clinic to possibly accommodate short-term use by clinic providers. Her clinic has a total of 5 exam rooms. Around 30-40% of her patients are Medicaid. She left the door open for further discussions.

#### 6. Public Comments (15 minutes collectively):

Commissioner Pryne introduced the opening of the public comment period and thanked Lee Ann for introducing the topic of improving engagement of the community by the District.

Debbie Jackson commented that she agreed with the effort to solicit engagement by supporters to serve on a committee to work on communications. She offered to be involved.

Marcie Rubardt also indicated a willingness to participate in a committee to think more strategically about how to make the District's communications and engagement more effective. She felt that increased community engagement will contribute to the District's success. She did inquire regarding the status of our negotiations and whether or not the timeline for a new provider could occur by Oct. 31. Commissioner Pryne asked Eric J. to respond. He indicated that with one of the providers there would be a better chance of making the Oct. 31 date than the other. However, choosing the right provider was a priority.

Commissioner Langland added that there was general consensus that choosing the right provider is the highest priority.

Melissa, a nurse at the clinic, agrees that choosing the right provider is important, but that the there should be consideration regarding the hardship on some employees if there is a gap in service. She advises the District to think about ways to retain employees.

Jessica Wesch, MD, spoke to the advantages of FQHCs including higher Medicare reimbursement and access to low interest loans. She suggested that there be consideration to use of our current providers during any gap in coverage through Telemedicine. Even if telemedicine is a stop gap there is still need to see patients face-to-face on occasion and that there should be consideration of what space could be used for that.

#### 7. New Business

**Expense Reimbursement and Travel Policy** – Eric presented a draft policy for consideration by the Board of Commissioners to cover expense reimbursement and travel for commissioners and the

superintendent.

Action: A motion was made and seconded to approve the policy. The motion passed with one abstention.

**Finance Committee** – Eric commented that Commissioners Wolczko and Langland were appointed as the District Auditors and Finance Committee members. He asked if they would both continue in this capacity as he seeks to decide what additional financial policies and procedures the District needs at this time. Tom suggested that Eric and Jojo work with Don on these. When it was noted that Jojo's role was interim, it was agreed that the Staff and Professional Services committee will need to discuss how long her services are needed. Don commented that we are still in the process of setting Quick Books set up and Jojo is part of that effort.

**Voucher Approval** – This was addressed under Finance Committee.

The next meeting is August 19.



# **Board of Commissioner's Meeting**

# August 5, 2020

## Superintendent's Report

## **Neighborcare Health Contract**

The Neighborcare Health contract was executed by both parties and is effective July 15. The contract provides that Neighborcare will manage the clinic consistent with current operations through October 31, 2020. The subsidy through the October 31 date will be \$440,000. The invoice for the first of 4 monthly installments has been received and is being processed. Simplified language regarding a press release was left in the contract.

## Neighborcare Health/Vashon Health Care District Joint Press Release

Included in your board packets are copies of the joint press release and frequently asked questions. Neighborcare Health will be sending it to the Beachcomber and posting it on their website.

#### **Communications**

Charles Krimmert, Fire Chief – He and I spoke and talked about the scope and volume of services provided by the Fire District in conjunction with Medic One, the split between ALS and BLS transports, # of transports off the island, and their tax support from the district. I have included a one-page document that describes the Mobile Integrated Health programs that many EMS providers in King County have started or are contemplating. The map indicates it is not something anticipated at this time for Vashon.

Marc Mora, MD, SVP Network Management, Kaiser – I spoke with Marc last week. He had reached out and wanted an update on plans for a new provider. Kaiser is committed to assuring that their subscribers on Vashon are well served. He indicated that they have 2231 total enrollees on the island split roughly 50/50 between those who get their primary care where they work from a KP provider, and those who live and receive services from a contracted provider on Vashon. Our selection of certain hospital-based providers would be very challenging if they don't have a negotiated contract with them. This isn't a major concern with the providers we are considering.

Mary Bergman, MD – She and I spoke about her experience with a hybrid model that includes a traditional clinic combined with an FQHC. She does think that the FQHC piece would be valuable to the island. She believes that in the model that she had experience with the same providers served both FQHC and non-FQHC patients.

Rep. Joe Fitzgibbons – I spoke briefly with Rep. Fitzgibbons regarding the capital dollars in the State budget. He felt optimistic that the dollars could stay in the capital budget and be re-appropriated to the District for the Vashon clinic.

John Jenkel – I spoke recently with John and he gave me quite a bit of history from the point that he became involved in the efforts to stabilize healthcare on the island. He shared his perspective on the type of provider who would be the best fit. He believes that the commercial population would only grow and that the selected provider needs to be able to grow this part of the clinic population. He spoke to the need to develop a Foundation to raise capital dollars for a new clinic. Regarding the \$3 million in capital set aside by the State Legislature, he has discussed this with Sharon Nelson and she will be reaching out to Rep. Cody to get her feedback on this.

# **Old Business**

#### **External Relations**

**Update on Provider Discussions** – Since our last board meeting, representatives of two providers have visited the clinic, toured and spoken with some of the staff. I was in attendance at both visits. Both provider representatives indicated that they would be able to work with the current clinic facility in the short-term until a replacement clinic could be built. One of the providers indicated that they would be willing to finance and construct a new clinic themselves. The other would look to the District to fund and build a new clinic. I also spoke with Greg Martin, President of the Sunrise Ridge Board, and he indicated a preference that they lease the building to the District and the District sub-lease the clinic to the new provider.

Included in your board packets is an updated side-by-side comparison of the two providers.

Next steps include another visit by the FQHC provider to look at options for dental rooms. The hospital-based provider is having an internal meeting this Friday and we should know after that their level of interest in pursuing an arrangement to operate the Vashon clinic.

#### **New Business**

**Expense Reimbursement and Travel Policy** – Included is a draft policy for consideration by the Board of Commissioners to cover expense reimbursement and travel for commissioners and the superintendent.

**Finance Committee** – Based on a review of the board minutes I understand that Don and Tom where appointed as District Auditors and members of the Finance Committee. I would like to confirm that is still the case and suggest that the committee meet with me to discuss which basic Finance related policies should be develop by the Committee.

**Voucher Approval** – I recommend that this item be added to the board agenda once per month as a standard item for approval. District law requires voucher approval every 30 days.

The Vashon Health Care District and Neighborcare Health have executed an agreement that provides District financial support for Neighborcare's Vashon Island primary care clinic on Sunrise Ridge.

Under terms of the agreement, the District will provide Neighborcare with a total of \$440,000 to cover part of Neighborcare's actual and projected financial losses since the District was established by Vashon voters in November 2019. Both parties agree that Neighborcare will operate the clinic until October 31, 2020, by which date the District intends to have other plans in place to support primary care on Vashon. Neighborcare will also transfer the X-ray equipment to the District.

Additionally, Neighborcare has reached out to state legislators to request that the \$3 million in a state capital grant awarded to Neighborcare to upgrade or build a new clinic will continue to be available for the island's future needs. Outside of the agreement, Neighborcare is providing a list of medical office equipment that District may request to purchase at fair market value.

Neighborcare and the District began discussing District financial support for the clinic in December. Agreement was not reached until recently due to several factors, including the COVID-19 outbreak and the District's need, as a new governmental entity, to establish policies and procedures, obtain interim funding, hire staff and complete other start-up actions.

The agreement was approved by Health Care District commissioners July 15, and signed by representatives of both parties and fully executed on July 17, 2020.

"We want to thank the Vashon Health Care District, our partner non-profit organizations on the island, and our patients for their support and dedication since we opened the clinic in 2016," said Michael Erikson, Neighborcare Health CEO. "I am proud of the quality and compassionate care our staff have provided islanders, and their dedication and flexibility. As the District continues to work on a transition plan for the next iteration of health care services on the island, we will do everything we can to minimize disruption for patients, and provide assistance in the process."

"While Neighborcare's role as the largest primary care provider on the island is coming to an end, the District remains grateful to Neighborcare for stepping in four years ago, when no other provider would," said Tom Langland, president of the Health Care District's Board of Commissioners.

Neighborcare informed the District earlier this year that it would not continue to operate the Sunrise Ridge clinic long-term, when it concluded that its business and service model cannot optimally meet the community's unique needs, such as same day walk-in care, and extended and weekend hours. The District has been actively seeking another provider, but those efforts have been complicated by the coronavirus and the disruption it has caused in the health care sector.

Neighborcare Health's school-based health center at Vashon Island High School, which receives funding from King County's Best Starts for Kids, will continue to operate and serve any student on the island with medical, dental and mental health needs.

#### **Patient resources**

Through October 31, 2020, Neighborcare Health patients can continue to get care through the team at the Vashon clinic. Before or after that date, islanders are welcome at any other Neighborcare Health clinic. Because of COVID-19, many appointments are still occurring by phone, but are also available in person if needed or preferred. Patients who wish to obtain their health records, can visit the

Neighborcare website at neighborcare.org/records or call Neighborcare's Health Information Management team at 206-548-3043.

The District and Neighborcare will continue to gather questions from patients and the community in the next couple of months about the clinic transition and provide answers in a timely manner. Frequently asked questions will be posted on the Neighborcare Health at Vashon webpage:

<u>https://neighborcare.org/vashon</u>, on the District website: <u>https://www.vashonhealthcare.org</u>, available at the clinic and distributed to community organizations.

For more information:

Neighborcare: media contact: Mary Schilder, maryschilder@neighborcare.org

Patients with questions can call: 206-463-3671

Vashon Health Care District: Eric Jensen, Superintendent, ericj@vashonhealthcare.org

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# Future of Health Care Services on Vashon Island Frequently Asked Questions updated 7-30-2020

#### When is Neighborcare Health ending its operations at the clinic on Sunrise Ridge?

Vashon Health Care District and Neighborcare Health have mutually agreed that Neighborcare Health will end operations of the clinic at Sunrise Ridge as of October 31, 2020.

#### Why is Neighborcare Health ending operations at the clinic?

Over the last four years, the community has been asking for an array of medical and behavioral health services that are outside the scope of Neighborcare's business and service model, such as same day walk-in care, and extended and weekend hours. The organization realized that its model is not optimal for Vashon's unique needs, and another provider will likely be a better fit for the community. Neighborcare is grateful to the community for trusting us with its care, and for its generosity through financial donations, and will do everything it can to assist during this transition.

#### Who will be taking over the clinic to provide health care services?

At this time, no successor health care organization has been identified to operate the clinic. The District continues to explore possibilities with provider entities that have expressed interest and progress is being made in identifying a successor organization. Commissioners have also begun exploring the feasibility of other alternatives including less traditional options for providing care. Meeting the island's needs and responsible stewardship of the community's tax dollars remain a top priority.

#### Is Neighborcare Health still open and taking appointments until October 31?

Yes, Neighborcare Health's clinic on Sunrise Ridge is still open and available to serve patients for their health care needs through October 31. Please call 206-463-3671. Before and after that, patients are welcome at any other Neighborcare clinic. As a Neighborcare patient, your records and health history are all accessible at any Neighborcare clinic. The closest location is the High Point clinic in West Seattle that provides medical, dental, behavioral health, social services and

WIC services. Because of COVID-19, many appointments are still occurring by phone, but are also available in person if needed or preferred.

# Will my doctor be working for the next service provider or at another Neighborcare Health clinic?

That has yet to be determined. Patients will be notified by letter the status of their providers.

#### What will happen with other staff at the clinic?

Staff will have the option to consider open positions in other Neighborcare locations when the clinic closes, or may be employed by a successor organization at the Vashon clinic.

#### How do I get my health records? Will they be transferred to the new provider?

To access your records, visit neighborcare.org, go to Patient Info and Access Health Records to get information on how to obtain your health records or call Neighborcare's Health Information Management team at 206-548-3043. Patient health records will not be automatically transferred to the new service provider, or to another doctor's office. Patients must request that records be transferred through Neighborcare's normal process.

#### What is happening with the medical equipment in the clinic?

Neighborcare will transfer ownership of the X-ray equipment to the District and is providing a list of medical office equipment that District may request to purchase at fair market value.

#### Is the school-based health center leaving the island, too?

This decision will not impact Neighborcare's school-based program on Vashon Island, which receives funding through Best Starts for Kids. The school-based health center will remain and continue to serve students on the island.

#### Who do I contact if I have additional questions?

Vashon residents should contact their Vashon Health Care District commissioners with questions, comments, or concerns about the RFP process and future plans for health care providers or visit vashonhealthcare.org.

Neighborcare patients with questions about their health care and prescription renewals should make an appointment with their provider by calling 206-463-3671. For billing, insurance or referral questions email <u>patientbilling@neighborcare.org</u> or call 206-548-3100.

Prover Comparison	FQHC	Hospital Based Provider	
Corporate Structure	FQHC	Hospital-based	
Projected Subsidy	At least \$1 million	\$1.2-1.3M year 1, using current Neighborcare Mix	
Target Market	Open to all. Target Medicaid population. No Kaiser agreement. Kaiser has indicated a willingess to develop a contract with an FQHC if they are the provider chosen	Open to all. Target Commercial payers. Has an existing KP agreement	
Risk Structure	Set Subsidy calculation, "true up" to performance. Overhead allocation would not include profit margin. Initiated a discussions about including a maximum contribution amount annually.	Set Subsidy calculation, "true up" to performance. Will include standard profit margin. Early discussions have not included a maximum contribution amount	
Behavioral Health	Desire to grow BH services. Would commit 1-2 exam rooms	Integrated as part of primary care at current staffing	

dental. Willing to partner with local dentists for the uninsured and Medicaid population, perhaps through a independent contractor arrnagement.willingness to credential/screen existing providers/staffExisting Staffwillingness to credential/screen existing providers/staffwillingness to credential/screen existing providers/staffTarget HoursClear interest in expanding hours/days including some weekend timesTheir model is to offer same day appts and expanded hours/days including some weekend times if demand is there.SpecialistsLimited specialists and none internal to group. May grow strategic partnership to provide specialty care in futureVisiting Specialists within existing medical group	Facility Requirements	Sunset Ridge clinic is acceptable short-term with minimal improvements. Willing to finance and construct a new clinic facility. Internal construction and architectural for facility improvements.	Sunset Ridge is acceptable in the short-term with mimimal improvements. Want commitment from District to upgrade facilities in future	
existing providers/staffexisting providers/staffTarget HoursClear interest in expanding hours/days including some weekend timesTheir model is to offer same day appts and expanded hours/days including some weekend times if demand is there.SpecialistsLimited specialists and none internal to group. May grow strategic partnership to provide speciality care in futureVisiting Specialists within existing medical group	Dental	dental. Willing to partner with local dentists for the uninsured and Medicaid population, perhaps through a independent contractor	No Dental	
hours/days including some weekend timesappts and expanded hours/days including some weekend times if demand is there.SpecialistsLimited specialists and none internal to group. May grow strategic partnership to provide specialty care in futureVisiting Specialists within existing medical group	Existing Staff	_	-	
to group. May grow strategic partnership to provide specialty care in future	Target Hours	hours/days including some weekend	appts and expanded hours/days including some weekend times if	
IT Platform Epic Epic	Specialists	to group. May grow strategic partnership to provide specialty care	medical group	
	IT Platform	Epic	Epic	

Timeline	Depending on decision point, they	Earliest start date would be Feb. 1,
	would work towards a start date of	2021. Would require District to
	Nov. 1. Will need to confirm.	consider other options for the 3
		month gap in coverage.

ADVERTISEMENT

# Health care district lays out next steps for provider search

Neighborcare Health will keep its doors open at the clinic on Vashon through October.

By Paul Rowley Saturday, July 25, 2020 4:22pm I NEWS

Neighborcare Health will keep its doors open at the clinic on Vashon through October.

Commissioners of the Vashon Health Care District have approved an agreement to provide enough operating expenses to cover the clinic's projected losses over the next several months and will pay out a total of \$440,000 to help keep Neighborcare afloat until October 31.

The commissioners are using money that was budgeted for supporting Neighborcare as part of an interfund loan obtained from King County last winter. The funds will be spent in monthly installments, and the first, for \$110,000, will be paid to Neighborcare on July 31.

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The district's new clinic services agreement stipulates that all current services offered at Sunrise Ridge are to continue unless prior notice of any changes or disruptions is given to the commissioners first. Neighborcare, which has operated the Vashon clinic since 2016, has also committed to keeping its staffing in place at Sunrise Ridge as part of the agreement. Commissioners say officials have offered, in some capacity, to assist with the island's transition to a new provider once one is chosen.

Neighborcare Health and district commissioners will issue a joint press release about the agreement before the end of the month, spokesperson Mary Schilder said. She noted that the school-based health center will not be affected by the transition of the primary care clinic at Sunrise Ridge and will continue to serve students on the island who need medical, dental and mental health services.

At their meeting last Wednesday, commissioner Eric Pryne said the clinic services agreement is a significant milestone for the young board, adding that the district has been at work hammering out the details with Neighborcare for months.

The board was unanimous in approving the contract, though commissioner Don Wolczko commented that he believes the subsidy Neighborcare requested is significantly higher than the investment comparable public hospital districts make in their own health care provider systems.

The board also acknowledged the short time frame and sense of urgency to find a new provider to take the helm at the clinic before Neighborcare pulls out.

Commissioners circulated a request for proposal in May to identify a new health care provider to operate the clinic by the summer. Despite some preliminary interest, Pryne and commissioner Wendy Noble wrote in a June commentary for The Beachcomber, the deadline the district set passed with no responses, citing impacts from the coronavirus pandemic.

The district has been researching other practice models that could be brought together to offer islanders care until a new provider could serve Vashon on a permanent basis — commissioners are exploring everything from bringing in retail mini-clinics to urgent care or an independent clinic, more telemedicine and facilitating collaboration between existing local practices. But some in the community have been under the impression that Neighborcare would stay put until the district found another provider to replace it, commissioner LeeAnn Brown said, though no such arrangement has been made, despite some conversation with Neighborcare about digging in at the island clinic for the foreseeable future.

Pryne responded, saying Neighborcare "made it pretty clear to us a good time ago that they did not intend to stay here past this fall."

Inside Neighborcare, conversations are taking place about what the future holds for primary care on Vashon, as well as what may happen to the clinic staff who serve islanders, according to two employees who attended the meeting.

Remony Henry, an islander and licensed independent clinical social worker employed at the island clinic, said the impression she and staff were given is that Neighborcare is open to the possibilities.

"It may be that Neighborcare is saying something behind the scenes that they're not saying to the employees," she said. "I think they would need to be subsidized [to continue operating the Vashon clinic], but if we don't have another provider, it seems preferable to have Neighborcare stay on rather than have no clinic at all for a time," she said.

Tom Langland, president of the board, said the clinic services agreement doesn't necessarily preclude another short-term deal like it in the future. But echoing other commissioners, he stressed that given the board's communication with Neighborcare officials there is no indication of interest in such an arrangement after October. Susan Pitiger, a registered nurse, drew on Henry's remark in a question of her own that many have wondered at themselves.

"What happens to the island if we don't have a primary care clinic?" She asked, recalling when CHI Franciscan Health withdrew from the clinic at Sunrise Ridge in 2016, also because of financial reasons, leaving the island without primary care for three months.

And that at a time free from a global pandemic when the West Seattle Bridge was open, she noted.

Moreover, Pitiger said she was looking for some measure of reassurance from the commissioners that she could take back to her coworkers, telling them they will still have jobs between now and the fall.

"I'm sure I'm not saying anything new to you now, I'm sure both of these things weigh heavily on [you all], but I'm concerned," she said.

Commissioners were adamant that from the start they, too, have not wanted the island to be without a primary care clinic. And district superintendent Eric Jensen shared his hope that some encouraging news is on the way, saying the district is closing in on identifying a new provider.

Consultant Joe Kunkel, leader of a healthcare firm in Portland, Oregon, was on hand to elaborate on some of the progress made on that front, with two candidates emerging as front-runners for taking over operations at Sunrise Ridge. One is a federally qualified health center similar to Neighborcare Health, and the other is a hospital-based provider with a partnership with Kaiser Permanente. Both are based in the Puget Sound area, but bringing either to Vashon could play out in two very different scenarios based on their needs and how each is positioned, from how much they would likely need to be subsidized to Medicaid reimbursements, plans for best utilizing the island clinic, expanding service hours and more. Both also expressed their willingness and interest in maintaining current staff now working out of the clinic.

"So we're gaining some traction here, which is very encouraging, and it's very encouraging that we're having conversations with groups of two and three people at a time at the senior level with each of these organizations," Kunkel said. "They all know the time frame within which we're working."

# Talk to us

Please share your story tips by emailing editor@vashonbeachcomber.com.

To share your opinion for publication, submit a letter through our website https://www.vashonbeachcomber.com/submit-letter/. Include your name, address and daytime phone number. (We'll only publish your name and hometown.) Please keep letters to 300 words or less.

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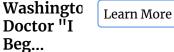
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## Making Wise Choices, While We Still Can

## L. Dennis White



Denny White, 89, was born in Sioux City, Iowa, the second son of three boys born to Mark and Thordis White. He died July 17, 2020.

In 1942 his family moved to Vashon Island where he developed his love of the natural world by spending time in the woods, the beaches, and water surrounding Vashon.

Denny graduated from Vashon High in 1949 and served in the Navy from 1950-1954.

#### L. Dennis White | Obituary



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#### MOBILE INTEGRATED HEALTHCARE COMMUNITY PROGRAMS

#### **OVERVIEW**

All fire departments across King County (and the nation) experience 9-1-1 calls from populations that require care but may not necessarily need or benefit from the traditional EMS response. To better address the needs of these callers, King County fire departments are connecting 9-1-1 callers to appropriate health and social services through an alternative EMS service known as **Mobile Integrated Healthcare (MIH).** 

Through MIH programs, EMS personnel work closely and extensively with **frequent** callers, lower acuity callers, and patients requiring complex care to identify their root causes of need and navigate them to the appropriate health and social services.

By having **mobile**, **communitybased care teams** dedicated to connecting callers to the correct resources, EMS is given the tools to provide a meaningful intervention and truly impact the patient's well-being.

# REGIONAL APPROACH 2020-2025

#### KING COUNTY, WA | EMERGENCY MEDICAL SERVICES DIVISION

#### VISION

Address the needs of low-acuity 9-1-1 callers and vulnerable community members by developing programs and systems that connect individuals accessing the Emergency Medical Services (EMS) system to a wide array of health and social services.

#### **OBJECTIVES**

Building on years of pilot projects testing these strategies, the regional approach to MIH under the 2020-2025 King County EMS levy focuses on the following objectives:

**Connecting our community members** to the most appropriate health and social services

**Positioning EMS as an integrated and interconnected link** in the broader health and social service systems

Optimizing availability of emergency services

#### **STRATEGIES**

King County's MIH network currently consists of six programs throughout the region, with an additional two programs scheduled to launch in 2020. While no "one size fits all," each program is comprised of an interdisciplinary care team and is tailored to meet their community's unique needs. Driven by local fire agencies, with regional support from Public Health – Seattle & King County's Emergency Medical Services (EMS) division, **King County's MIH programs currently serve over 1.7 million residents (78%) of King County.** 

#### **FUNDING**

MIH programs receive financial support through the Medic One/EMS 2020-2025 levy, which creates regional benefits by extending the MIH network to all parts of King County. Levy fund support for programs outside the City of Seattle is as follows:

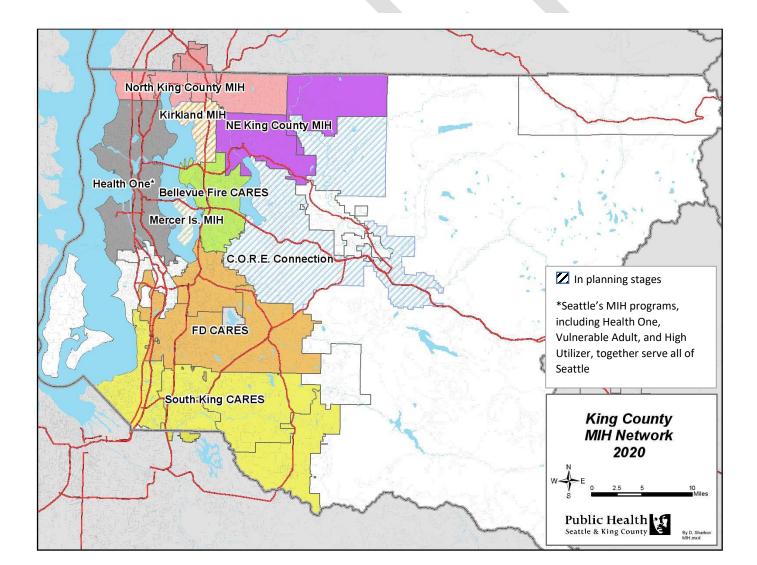
2020	2021	2022	2023	2024	2025	Total
\$4,000,009	\$4,156,400	\$4,307,277	\$4,462,198	\$4,621,198	\$4,796,341	\$26,343,555

#### **CONTACT INFORMATION**

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# KING COUNTY MIH NETWORK

MIH PROGRAM	OPERATED BY	SERVING
Bellevue Fire CARES	Bellevue Fire	Bellevue and surrounding contract areas
C.O.R.E. Connection <sup>1</sup>	Eastside Fire & Rescue	Issaquah, Sammamish, Carnation, North Bend, and surrounding areas
FDCARES	Puget Sound and Renton Regional Fire Authorities	Covington, Kent, Maple Valley, SeaTac, Renton, and some unincorporated areas
Health One	Seattle Fire	Seattle (downtown and surrounding neighborhoods)
Kirkland MIH <sup>1</sup>	Kirkland Fire	Kirkland
Mercer Is. MIH <sup>1</sup>	Mercer Island Fire	Mercer Island
North King County MIH	Shoreline Fire	Shoreline, Kenmore, Lake Forest Park, Bothell, and Woodinville
Northeast King County MIH	Redmond Fire	Redmond, Duvall, and Snoqualmie
South King CARES	South King Fire & Rescue and Valley Regional Fire Authority	Federal Way, Des Moines, Algona, Auburn, Pacific, Black Diamond, and Enumclaw
		<sup>1</sup> Scheduled to launch 2020-21





# Expense Reimbursement Board of Commissioners DRAFT

Type: Policy Status: Official Last Reviewed:

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# Policy

The Vashon Health Care District (VHCD) has an annual budget for expenses that includes reasonable expenses incurred by Commissioners and the Superintendent for travel, education, supplies and other reimbursable expenses related to official VHCD business. The District will reimburse Commissioners and the Superintendent for expenses incurred on behalf of the District upon presentation of receipts and approval by the Commission through the voucher approval process.

The following guidelines apply:

- 1. Any travel and education must be relevant to the duties of the Commissioners and Superintendent and preapproved by the Board of Commissioners, except routine travel by the Superintendent, which shall generally include mileage and ferry fares.
- 2. Allowable Expenses: Any reasonable expense for travel, lodging, conference registration, meals, and mileage may be eligible for reimbursement.
- 3. When a Commissioner or the Superintendent uses his/her personal car, the hospital will reimburse the Commissioner on a mileage basis. The amount paid per mile will be the current IRS rate.
- 4. Miscellaneous Expenses: Expenses for reasonable office supplies purchased by Commissioners or the Superintendent shall be reimbursed upon approval by the Superintendent through the District Auditor.

#### Procedure

- A request for approval for a specific travel/education activity will be made using the Travel Authorization Form and included on the agenda of the next regularly scheduled meeting of the Commissioners. This agenda item should include dates of the conference, place, type of conference, and an estimate of the total expenses (itemization is not needed). In the case of an unplanned education activity that requires registration between board meetings, a poll of Commissioners may take the place of a decision at a regularly scheduled Board meeting.
- 2. After approval of this activity, the Commissioners may work with the Administrative Director or Superintendent, as needed, to complete registration forms and complete necessary travel arrangements.
- 3. Upon return from the workshop/seminar, if reimbursement is due, the Commissioner or Superintendent will complete the Education Travel Expense Report form. All original receipts in addition to related credit card receipts must be attached and the form must be signed. The Commissioner will submit the form to the Administrative Director or Superintendent. The form will be sent to the District Auditor after verification of receipts and comparison of submitted expenses against the pre-approved request. Payment will be issued the next time vouchers are requested. No reimbursement will be granted without the proper form completed and receipts attached. Hospital district law states that receipts are mandatory for reimbursement of expenses. A receipt written by the traveler may be accepted in lieu of the original receipt for some types of expenses under twenty-five dollars (e.g. parking).

Effective Date:	07/01/2020	Document Owner:
Print Date:	8/15/2020	

Revision Date(s):

#### **VHCD Travel Authorization Form**

Employee or Commissioner:	
Name of Meeting or Conference:	
Reason for attending:	
Location:	
Departure Date: Ret	urn Date:
Will you be using your personal vehicle? YES	NO
I hereby certify that the trabel requested above will be in	ncurred by me while on official VHCD business.
Employee or Commissioner Signature	Date Signed
Approved:	
Supervisor	Date Approved