



PO BOX 213, Vashon WA 98070

[www.vashonhealthcare.org](http://www.vashonhealthcare.org)

## SPECIAL MEETING MINUTES

Date: March 23, 2023

Time: 1:00-5:00 p.m.

Place: Vashon Presbyterian Church, 17708 Vashon Hwy SW, via ZOOM: <https://zoom.us/j/82699377083>

Present: Tom Langland, President, Position 5  
Don Wolczko, Secretary, Position 1  
Eric Pryne, Position 2  
Alan Aman, Position 3  
Wendy Noble, Position 4  
Tim Johnson, Superintendent  
Joe Kunkel, The Healthcare Collaborative Group

**Call to order** - President Langland called the special strategic planning retreat to order at 1:05 p.m.

1. **Approve/Amend March 23, 2023, Retreat Agenda** - Commissioner Noble moved to approve the agenda, which was seconded by Commissioner Pryne, and approved unanimously.
2. **Vision Statement Development** - Mr. Kunkel provided an overview of the retreat agenda, commencing with the Vision Statement Development:
  - a. **Presentation of individual statements** - Commissioners all shared their respective individual vision statements and the group explored key intentions and phrases:
  - b. **Key word/phrase alignment** - Key ideas and common themes from the statements were captured and explored by the group such as:
    - *accessibility and access; and components of access: affordability, presence, etc.)*
    - *primary care vs health care*
    - *measureable & data*
    - *accountability*
    - *improve (too incremental?),*
    - *"island-based" and "island-appropriate"*
    - *"support" - funding, provision of resources, services*
    - *"equity" (in terms of access)*
    - *"wellness"*
    - *partnership & collaboration*
    - *education/public awareness*
    - *ideal vision vs vision based on constraints*
    - *stewardship - of public and private*
3. **Criteria, Weighting & Implementation of Opportunities**
  - a. **Listing of potential criteria** - Commissioners created a list of potential criteria for assessing options and conducted a ranking exercise, resulting in the following priorities:

- *Primary Care (53)*
- *Collaboration (38.5)*
- *Stewardship (37)*
- *Equity (35)*
- *Communications (21.5)*
- *Advocacy (20)*
- *Education (17)*
- *Innovation (14)*
- *Social Determinants of Health (14)*
- *Expanded Healthcare (4)*

b. **Implementation:** Commissioners had a preliminary discussion on implementation on the following topics:

- i. **Annual Cycle v. “as they come” & One-time v. Ongoing Commitments -**  
 Commissioner Pryne expressed that some things are ongoing and need continuous support and raised the question of whether we are open to multiple year commitments or only single year and also, if we are a donor, we need to determine if there are multiple rounds per year; Commissioner Wolczko expressed a need to maintain flexibility for one-offs that might arrive such as the AED effort earlier this year; Commissioner Aman advocated for all expenses to be cycled through the agreed upon criteria and also pointed out that it is best for decision-making to assess possibilities in ‘a batch’.
- ii. **Set Aside for primary care ‘safety net’** - general agreement that funds be reserved as a safety net in the event that a primary care subsidy is necessary.

2. **Strategic Structure Moving Forward** - As time expired, Mr. Kunkel shared some of the plan for developing the vision and strategic plan moving forward. The next follow-up session will be held as part of the regular meeting on April 5th and as an agenda item on regular meetings going forward.

**Adjournment** - the meeting was adjourned at 5:05 p.m.

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# Vashon Health Care District

## Strategic Criteria and Framework

31-Mar-23

Potential Strategic Criteria	Definition	Example Objectives	Example Strategies (tactics)
Primary Care Focused	Support the provision of primary care to the residents of the district	Facilitate adequate access to primary care for all residents of the district	Set aside \$ as a 'safety net' to protect the district from the impact of primary care options declining
Innovation	Support New and innovative strategies that improve the health and well-being of the district residents	Increase access to mental health services for all residents through creative approaches and partnerships	Provide 'seed resources' for a psychiatric home care nurse program
Collaboration	Use collaboration with community organizations to magnify the positive impact on the health and well-being of district residents	Encourage partner agency collaborations that will increase impact, improve efficiency, and best leverage limited resources	Fund the expansion of additional mental health resources in the district
Advocacy	Be an advocate for change on issues that impact the health of district residents	Host events that bring awareness and encourage action on a health-related issue	Convene a 'behavioral health summit' bringing together experts to discuss intervention opportunities
Education	Improve the provision of health education resources to the residents of the district	Facilitate health education classes geared toward island-specific issues	Sponsor routine diabetic cooking demonstrations
Communications	Improve effectiveness and reach of communications to district residents of resources and activities that enhance their health	Provide intentional targeted outreach to difficult-to-reach populations	Publish a monthly newsletter focusing on known gaps in the social determinants of health, highlighting resources available within the district
Equity	Engage in population-specific efforts to address the needs of those residents in the district that are historically underserved or particularly impacted by health disparities		Conduct a community needs survey to identify and prioritize activities to support/develop
Social Determinants of Health	Engage in efforts focused on improving specific SDoH criteria identified as a priority for the community	Engage in efforts addressing health care needs in the areas of food insecurity, housing stability, transportation, social connections, intimate partner violence or financial resource strain	Develop a 'voucher' for transportation to doctor visits
Stewardship	As stewards of the islands public resources for primary care, support efforts that represent responsible use of taxpayer funds	Support services which address an identified need with measurable goals	
Expanded Healthcare Offerings	Support efforts to expand healthcare offerings on-island beyond primary care	Improve access to medical specialists on -island	Work with an existing provider to have a 'visiting' cardiologist on island 1 day/week

# Vashon Health Care District



## Vision Retreat Follow Up April 5, 2023

The Healthcare Collaborative Group  
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## Agenda

- Consensus Key Words and Vision Statement
- Criteria Summary and Weighting
- Extension of Criteria to Tasks

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# Key words from vision exercise

## What

- Access
- Equitable
- Healthcare
- Accountability
- Improvement

## How?

- Collaboration
- Partnerships

## Who?

- Community

## Draft Vision Statement

# Final Criteria & Weighting

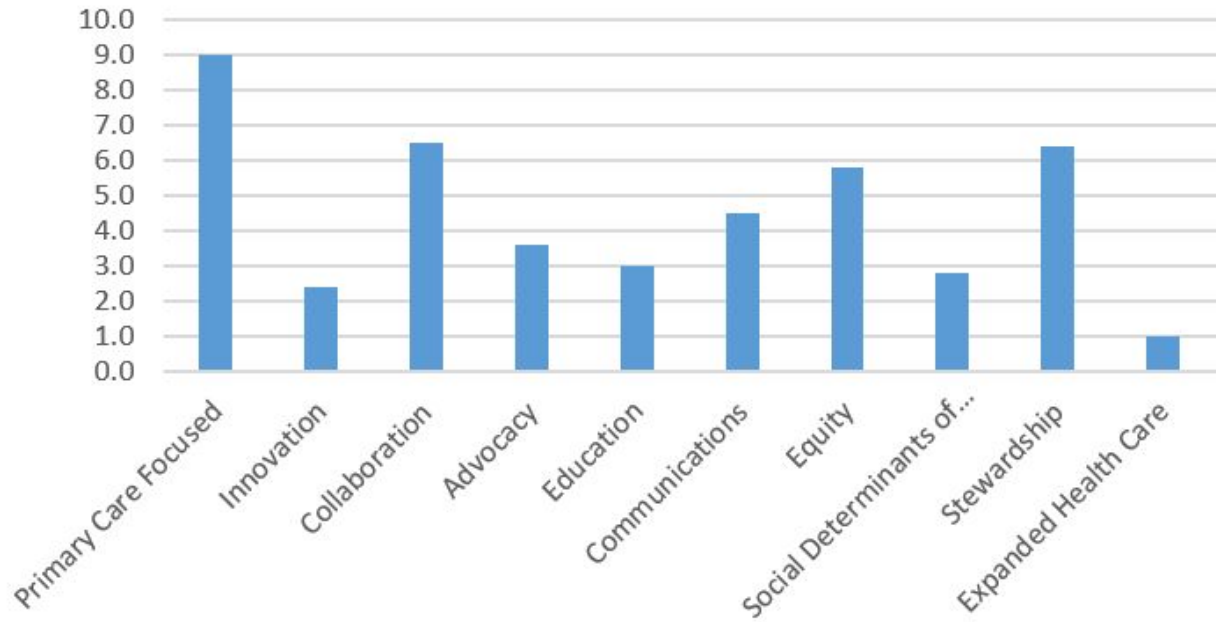
<b>Primary Care Focused</b>	9.0
<b>Innovation</b>	2.4
<b>Collaboration</b>	6.5
<b>Advocacy</b>	3.6
<b>Education</b>	3.0
<b>Communications</b>	4.5
<b>Equity</b>	5.8
<b>Social Determinants of Health</b>	2.8
<b>Stewardship</b>	6.4
<b>Expanded Health Care</b>	1.0

## Hierarchy Chart

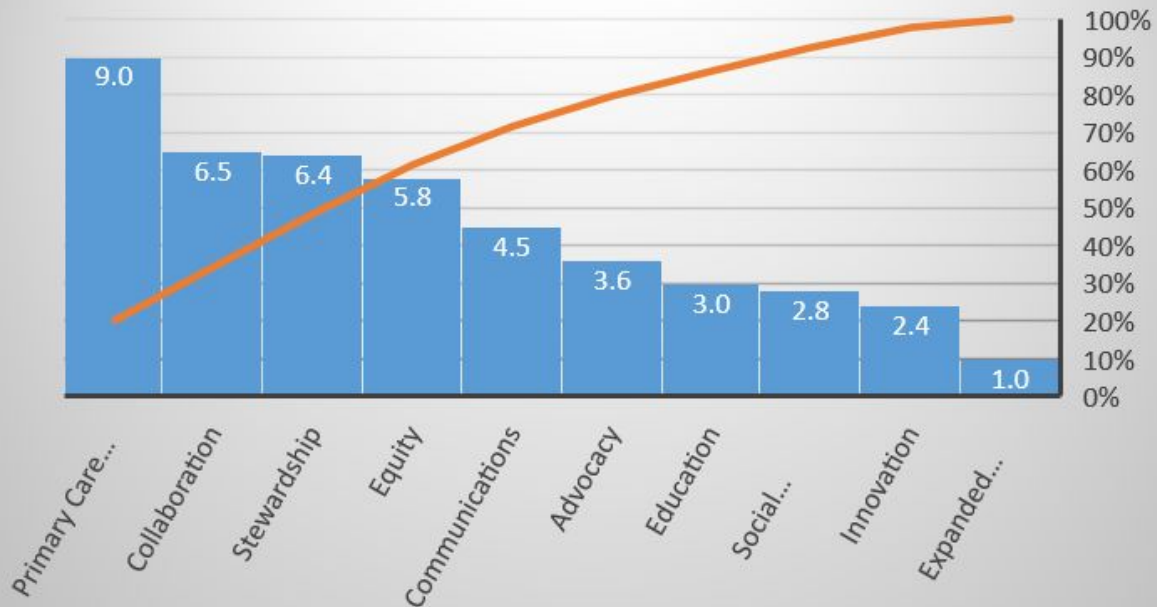
- Primary Care Focused
- Innovation
- Collaboration
- Advocacy
- Education
- Communications
- Equity
- Social Determinants of Health
- Stewardship
- Expanded Health Care



## Vashon Criteria Ranking



## Vashon Ranked Criteria



# Criteria Summary

Vashon Health Care District			31-Mar-23
Strategic Criteria and Framework			
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Innovation	improve the health and well-being of the district residents	residents through creative approaches and partnerships	Provide 'seed resources' for a psychiatric home care nurse program
Collaboration	Use collaboration with community organizations to magnify the positive impact on the health and well-being of district residents	Encourage partner agency collaborations that will increase impact, improve efficiency, and best leverage limited resources	Fund the expansion of additional mental health resources in the district
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## Discussion/Questions

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