

P.O. BOX 213, Vashon WA 98070 www.vashonhealthcare.org

REGULAR MEETING MINUTES

Date: May 1, 2024

Time: 7:00 p.m.

- Place: Vashon Presbyterian Church, 17708 Vashon Hwy SW, via ZOOM: https://zoom.us/j/82699377083
- Present: Wendy Noble, Position 4, Secretary Bill Hamilton, Position 1 Sarah Day, Position 2 Alan Aman, Position 3 Tim Johnson, Superintendent

Call to order - Commissioner Noble called the meeting to order at 7:00 pm

- 1. Consent Agenda The following was approved as part of the consent agenda:
 - Approve Meeting Agenda
 - Approve Minutes for 4/17/2024 regular meeting
 - Approval of Vouchers, Payroll, and Electronic/Digital Payments:

Vouchers:		
2024-14: Landing at Bank	Monthly Office Rent	\$1,250.00
2024-15: Kaiser Foundation	Monthly premium	\$927.10
2024-16: Lake Kennedy McCulloch CPA	Monthly accounting services	\$1,1,24.25
<u>2024-17</u> : Sunrise Ridge	Monthly Rent	\$7,828.39
2024-28: Water District 19	Bi-monthly Water Bill	\$488.38
Payroll:		
4/30 payroll to be report next meeting		
Electronic & Digital Payments:		
Credit Card: March 11:	Vashon Printing: Survey Posters	\$118.94
March 22:	Zoom Annual Subscription	\$196.81
March 31:	Facebook: BH Survey Ad	\$30.00
April 1:	Google Workspace	\$140.87
Electronic: April 6:	Gusto Subscription	\$56.52
April 14:	Quickbooks Subscription	\$65.22

2. First Public Comment Period - none

3. **Presentation—Vashon Youth and Family Services (VYFS)** - Jeni Johnson, the Executive Director of VYFS, and Dalinda Vivero, provided a presentation on VYFS, its ongoing activities, plans for the future, and funding situation. VYFS services and programming include various counseling programs for different demographics, case management and support services, substance use services, medical ferry vouchers, among others. The primary focus of the presentation was Community Resource Navigation Services and Medical Vouchers and funding requirements. The presentation was followed by a discussion period, including questions and answers about VYFS funding sources and needs. The full slideshow is available here:

VYFS Community Resource Navigation - Medical Voucher Program.pptx

- 4. **Superintendent Report** Superintendent Johnson presented his report which was further detailed in the Board packet:
 - **a.** <u>Health Fair</u> The health fair took place on April 27, 2024, with a high level of turnout. We are compiling the number of surveys and attendance figures and will have those for the board on completion, as well as a final cost analysis.
 - Highlights of the fair were:
 - Sea Mar's Medical Director Dr. Erdmann attended the event and provided post medical screening consultation to several attendees.
 - Tierra Taylor and Nick Christian of SIHB attended. They walked around the event and got to meet many of their future partners on the island.
 - Fred Hutch and Cedar River Clinics and Child Strive attended for the first time.
 - Free haircuts, food, and coffee were provided.
 - Attendees received TDAP and Covid booster shots as appropriate.
 - Vashon Home Care Network brought visitors from off island to help with home care resources, training, and employment services.
 - King County Health representatives were on hand to take care of Medicaid and other program sign-up and resources.
 - Vashon Family Place provided child care and enrichment activities.
 - Commissioner Hamilton had a table and interacted with attendees.
 - VIFR MIH unit was there to introduce themselves to potential clients and referrers.
 - 12 attendees received free dental care
 - Special thanks are due not only all the volunteers from the various social service networks that participated, but also:
 - Dr. Marc Langland for his generosity with his time
 - Thriftway and the Vashon Pharmacy for some giveaway items donated
 - Steve Lomax for his extra time and assistance
 - Granny's Attic for some much needed extra tables
 - The MRC and Vashon Pharmacy and Dr. Erdmann for all the help with health screening and follow up
 - The next Health Fair is scheduled for the last week of Sept. or first week of Oct.

b. Unsolicited Funding -

- The proposed agreements between VHCD and VOV and VBP are awaiting approval from the VBP board prior to resubmittal for VHCD approval.
- VYFS received a fraction of the customary voucher program funding from Vashon Granny's Attic and will be discussing the possibility of a formal ask for supplementary support in the future.

c. Miscellaneous

- Superintendent Johnson attended the VISD special board meeting on April 18 to listen to details surrounding proposed budget cuts and to voice concern that school counselors are part of the proposed reductions in staff, given the District's current priority of youth behavioral health services.
- VHCD has free access to participate in the Strawberry Festival.

5. Committee Reports

a. Finance Committee

Commissioner Aman

- A final balance sheet and budget vs actuals report for 2023 was provided in the packet. An update on the annual report submitted to SAO was provided.
- The committee postponed its April meeting awaiting the completion of some work by LKM and finalization of numbers regarding the Dispatch proposal.
- The committee has scheduled a Zoom meeting with Sea Mar executives for a discussion of the state of the agreement between Sea Mar and VHCD. Meeting to take place on May 9.
- Next meeting week of May 6 to focus on 2023 financials, 2024 Q1 financials, compensation review, agreements with Sunrise and SeaMar as well as discussion of financial assumptions for upcoming proposals.

b. Outreach Committee - Commissioner Hamilton

- Another update on the Health Fair was provided.
- The committee continues to develop a communication plan. A detailed timeline with assignments is part of the development.
- A draft outreach and communication framework was shared in the packet to show the current status of the draft.
- A FAQ draft for the District is also under development.
- Former commissioner Pryne is assisting with language to use in future press releases.

c. Behavioral Health Work Group - Commissioners Day & Noble

- The group is awaiting results from the 3-way mini-task-force composed of representatives of VYFS, Dove Project, and Neighborcare Health School Clinics. The group is working on two primary objectives: a case manager to be placed in the schools & one or more FTE providing BH services for youth.
- The Superintendent is monitoring VISD budget adjustments for proposed cutbacks of school counselors in light of the District's initiative to improve Youth Behavioral Health.

d. Urgent Care Work Group - Commissioners Noble & Day

- The work group met with representatives of MultiCare and Dispatch Health on April 25th to hear back regarding their further assessment of a DispatchHealth team on Vashon Island. Commissioners summarized the key takeaways from that meeting.
- Next steps are getting a draft document back from MultiCare legal for our review as a baseline.
- The work group is also conducting ongoing organization of an initial tier 1 (organizations providing care adjacent to urgent care) stakeholder engagement plan. Sea Mar and the VIFR have been engaged as an urgent care service would fall in a gap between those two entities.

e. Strategic Planning Committee of the Whole - Superintendent Johnson and Joe Kunkel

Joe Kunkel presented a slide deck going over the elements of a business plan and it was agreed that a template would be further developed, and dashboards, to bring back to the full body. Mr. Kunkel's slideshow is available here:
VHCD Board Meeting 050124.pptx

f. Governance Committee - Commissioner Aman

• The committee did not hold a meeting but did work on a board self-assessment survey

for distribution with your packet. Commissioners are asked to respond to the survey and return it by May 10th. Results will be compiled and results shared in June.

- 6. Unfinished Business none
- 7. New Business none
- 8. Second Public Comment Period none
- 9. **Adjournment** Following a motion by Commissioner Day and a second by Commissioner Hamilton, the meeting was adjourned at 8:37 pm by unanimous approval (4-0).

Next Meeting: May 15, 2024 Regular Meeting

Meeting Minutes are posted on the VHCD website after Board approval.