

P.O. BOX 213, Vashon WA 98070 www.vashonhealthcare.org

REGULAR MEETING MINUTES

Date: July 17, 2024 Time: 7:00 p.m.

Place: Vashon Presbyterian Church, 17708 Vashon Hwy SW, via ZOOM:

https://zoom.us/j/82699377083

Present: Tom Langland, Position 5, President

Wendy Noble, Position 4, Secretary

Sarah Day, Position 2 Alan Aman, Position 3

Tim Johnson, Superintendent

Call to order- Commissioner Langland called the meeting to order at 7:00 p.m.

- 1. Consent Agenda The following was approved as part of the consent agenda:
 - Approval of Meeting Agenda

• Approval of Vouchers, Payroll, and Electronic/Digital Payments:

Vouchers:			
202	4-27: Breffni McGeough	Monthly Office Rent (new space)	\$1,250.00
2024-28: Kaiser Foundation		Monthly premium	\$1,273.54
	2024-29: Sunrise Ridge	Monthly Clinic Rent	\$7,828.39
Payroll:			
	June 16-30, 2024:	Direct Deposits:	\$3,402.40
		Reimbursements / Garnishments:	\$0.00
		Total Taxes:	\$1,167.93
		Total Debit:	\$4,570.33
	July 1-15, 2024:	Direct Deposits:	\$3,326.10
		Reimbursements / Garnishments:	\$0.00
		Total Taxes:	\$1,153.10
		Total Debit:	\$4,479.20
Electronic & Digital Payments:			
Credit Card:	April-May	Vashon Print & Design (Health Fair Printing)	\$154.97
		Vashon Thriftway (Health Fair Food)	\$776.72
		Vashon Print & Design (Health Fair Printing)	\$12.12
		Facebook (Health Fair Promo)	\$19.99
	May-June:	Google (2 months subscription)	\$282
		Vashon Print & Design (Business Cards)	\$48.54
	June-July:	Vashon Island Baking (UC meeting food)	\$55.00
		Caffe Vino Olio (UC meeting coffee)	\$26.59
		Google (monthly subscription)	\$141.00
Electronic:	Monthly Subscriptions:	Gusto Subscription per month	\$56.58
		Quickbooks Subscription per month	\$97.92

2. **Approve Minutes for 6/19/2024 regular meeting** - Commissioner Aman moved to approve the minutes with some amendments, which was seconded by Commissioner Day, and <u>approved</u> unanimously 4-0 (Commissioner Hamilton absent). The revised minutes will be recirculated.

3. First Public Comment Period:

- Ron Smothermon thanked the commissioners for their work; said that we live in a community in which businesses have come and gone and is concerned about the same thing happening with Dispatch; he says overlap with VIFR seems clear; he also requested more information about the money and what it would take for them to break even (how many patients, etc.) because the amount proposed seems lower than what would be required; he would like to see the money stay on island rather than to a corporation which may leave; encouraged Commissioners to look at what it would take for MIH to ramp up to the same level as the program in North Mason county as an alternative option. Superintendent Johnson said that the questions would be addressed during the discussion of Urgent Care.
- <u>Dr. Steve Nourse</u> reiterated comments from the previous meeting about the need for metrics and measuring results of the medical voucher program that was proposed and approved by the board; he expressed concern that the lack of good data may create some sort of liability; he has offered to advise on these metrics and data.
- 4. **Superintendent Report** Superintendent Johnson summarized his report provided in the packet:
 - a. **Strategic Planning** This meeting we will be reviewing where we are and looking at our short mid and longer term schedule.
 - b. **Community Updates** -
 - Since our last meeting, I presented our current status to the community council on Jun 20.
 There were, as usual, a lot of questions and concerns, particularly around mission and taxes and urgent care, and I have had several follow-up conversations as a result.
 - Commissioner Day and I also briefed the VISD Board on the youth BH program on June 27.
 - I am discussing with SIHB their urgent care needs and expectations.
 - DispatchHealth has asked for an opportunity to interact with the public on Strawberry Festival Saturday, and we have made arrangements to accommodate them. The purpose is not an if or when pitch, but a what and how education for anyone interested.
 - c. <u>Unsolicited Funding Opportunities</u> The Board approved the Medial Voucher request from VYFS for one year. Pursuant to that, the board indicated a willingness to assign the voucher program oversight to a study group to determine what, if any, longer term plans the District wishes to make in its budget for this program. I would suggest that it would be valuable to start the Vulnerable Adult work group as part of our 2025 planning process.
 - d. Respite Care Support Group I received Commissioner Noble's request to endorse the Senior Center and Vashon Care Network's grant application for respite care funding. I consulted with the chair, and since it required no funding or further activity on the part of the District, fit squarely into one of the priorities we are looking at picking up, meets our mission and vision, and had a short deadline, we agreed that I should send an endorsement letter and inform you at this meeting. The letter is in your packet.
 - e. <u>Legal Review of Proposed Agreement</u> Our legal counsel and I had a substantive review of the proposed DispatchHealth service agreement. Along with approving the changes I had already made, he suggested a few more, and that document will be going back to DispatchHealth's people for analysis of our proposed changes. This is all pre-work on terminology and proper legal language, along with conceptual non-compete revisions to accommodate the VIFR MIH program, and does not comprise negotiation on key terms, which would await further decision-making

f. Miscellaneous

- I have some follow up medical and dental appointments and for the short term will be trying to confine my official schedule to Tuesday-Thursday.
- We received \$5,000 from AWPHD this week.
- I am working with Sea Mar on a public meeting to coincide with the eventual groundbreaking on their new facility. The estimation is still within the next few weeks.
- The advisory committee will meet on August 7 to review current activities as well as discussing some community strategic planning ideas.
- In response to a question from Commissioner Aman, Superintendent Johnson confirmed that a joining meeting with the VIFR board is still being planned, following the upcoming VIFR meeting on July 31. Chief Vinci, who was in attendance, stated that both organizations need to know where they are going before a joint meeting can be most useful. Chief Vinci continued, saying that he is attending to seek to understand more about the DispatchHealth proposal and the potential opportunity for VIFR to present their own proposal.

5. Committee Reports

a. Finance Committee - Commissioner Aman:

- The committee met on July 3rd and an updated committee report is provided in the packet with what they are working on and prioritizing;
- A more detailed balance sheet is provided in the packet; going forward financial reports will be provided for passive consumption monthly, with more detailed and annotated reports on a quarterly basis; the balance sheet will provide an overview of all account balances and reserve balances;
- The committee is hoping for the opportunity to conduct a financial review of the Urgent Care proposal;
- The Sea Mar sublease is also being reviewed and we are approaching the next lease renewal and the Board is being asked to provide guidance on whether to renew or possibly allow Sea Mar and Sunrise to contract directly; Commissioner Aman expressed reluctance on not giving up leverage of the Sublease with Sea Mar. Following discussion, the Board referred this decision to the Finance Committee.
- b. **Outreach Committee** Commissioner Langland provided an update on the last meeting, specifically the group's focus on the website design and content, with a primary goal of making it useful and functional for the users. The Committee is not planning a big presence at Strawberry Festival.
- c. **Behavioral Health Work Group** Commissioners Day & Noble: Superintendent Johnson is working with partners in the Youth Program to complete agreements, including harmonized metrics, data, budgets, reporting, etc. The project will include increased capacity and staffing to measure and compile data; these agreements should be in place around September.

d. Urgent Care Work Group - Commissioners Noble & Day:

- Superintendent Johnson provided the background and summary of analysis on the DispatchHealth proposal on behalf of the work group and opened the floor for discussion.
- Commissioner Aman: the UC discussion can be framed around three possible
 alternatives—dispatch alone, VIFR MIH alone, dispatch/MIH with joint design. He favored a
 detailed description for all three with some sort of work product for a joint design needed
 in order to have a board level discussion and decision.

- Superintendent Johnson: the Dispatch proposed an agreement months ago and the process intentionally slowed down to ensure proper reflection and review of MIH program and potential coordination and conflict;
- Commissioner Noble: we are looking at the service needs and what types of providers and services are required, and then addressing it the best way possible.
- Commissioner Langland: our neighbors are watching and have been without after hours
 urgent care for about decade, and they elected us to help address that gap and that is our
 priority; considerable time and effort have gone into delivering a product that our
 neighbors are eager to have in place; one option is through Dispatch to have that quality
 urgent care sooner than other options; we want to understand the status and capacity of
 MIH now and in the future and trying to grow the programs together without much
 redundancy.
- Superintendent Johnson added that the potential contract is being reviewed with an eye
 towards allowing for the participation and role of MIH. Other stakeholders, including Sea
 Mar, are also included in ongoing discussions. Sea Mar is very supportive of another entity
 providing acute care.
- Commissioner Noble shared a vision of potential roles of the various providers and did not see a necessity of there being overlap; minimizing overlap is a primary focus. She also clarified that DispatchHealth is a private company and this is not a proposal affiliated with Multicare.
- Chief Vinci, who was in attendance and invited to comment, shared his observations of the development of DispatchHealth potential; he explained the various aspects that he felt made MIH a better approach for the Vashon-specific community; The MIH program in North Mason has provided a lot of insight for what MIH can be and how to do it; They are working on developing a clear vision or presentation of what MIH can be and how they can get there; MIH has served 86 unique patients since February as a referral model, not a response model; There have been 110 referrals and over 800 patient interactions.
- Commissioner Noble requested from the Chief information and examples of other fire
 departments that operate a 7 day a week urgent care program. She further asked for more
 information on staffing needs, credentialing, professional CME and liability and billing.
- e. **Strategic Planning Committee of the Whole** Joe Kunkel was introduced and provided a review of where we are at and the short and longer term schedule and goals. A detailed schedule was included in the packet. Commissioner Aman suggested sending out a proposal for a strategic planning path forward.
- f. **Governance Committee** Commissioners Aman & Langland: due to limited time, the Governance Committee will send a revised note re: education activities and other goals.
- 6. Unfinished Business None
- 7. New Business None
- 8. Second Public Comment Period:
 - Ron Smothermon reiterated a preference for mobile urgent care through VIFR rather than a for-profit entity, especially one going public that will have different goals than maybe the District wants.
 - **Barbara Wells** stressed the need for transparency; Vashon agreed to have a health district and pay for it and also generously agreed to the VIFR levy lift and the public should have a say. She

encouraged a public meeting where Commissioners for both districts speak and allow the public to have a voice.

9. **Adjournment** - Following a motion by Commissioner Aman, seconded by Commissioner Noble, the meeting was adjourned at 9:05 p.m. <u>by unanimous approval</u>.

Next Meeting: August 21, 2024 Regular Meeting
Meeting Minutes are posted on the VHCD website after Board approval.
