

# P.O. BOX 213, Vashon WA 98070 www.vashonhealthcare.org

## **REGULAR MEETING MINUTES**

Date: January 15, 2025

Time: 7:00 p.m.

Place: Vashon Presbyterian Church, 17708 Vashon Hwy SW, via ZOOM: https://zoom.us/j/82699377083

Present: Tom Langland, Position 5, President

Bill Hamilton, Position 1
Sarah Day, Position 2
Alan Aman, Position 3
Wendy Noble, Position 4
Tim Johnson, Superintendent

Call to order - Commissioner Langland called the meeting to order at 7:00 p.m.

- 1. Consent Agenda Commissioner Langland explained that the agenda for this meeting has been adjusted so that 'new business' would be third in the order of agenda items, following the first public comment period, and the consent agenda was approved without objection:
  - Approve Meeting Agenda
  - Approve Meeting Minutes for December 18, 2024 Regular Meeting.
  - Approval of Vouchers, Payroll, and Electronic/Digital Payments:

| Vouchers:   |            |                             |            |
|---|------------|-----------------------------|------------|
| 2024-82: Sound Publishing   |            | Newspaper Advertisements    | \$1,717.75 |
| 2024-83: The Healthcare Collaborative Group                               |            | October-December Consulting | \$1,877.75 |
| Payroll:  |            |                             |            |
| December 16-31:   |            | Direct Deposits:            | \$4,913.29 |
|   |            | Total Taxes:                | \$1,852.82 |
|   |            | Total Debit:                | \$6,766.11 |
| Electronic & Digital Payments:  |            |                             |            |
| Credit Card:  | 09/09/2024 | Wordpress Subscription      | \$590.00   |
|   | 11/27/2024 | Squarespace Subscription    | \$20.00    |
| <b>Electronic:</b> To be updated after receipt of Oct-Dec bank statements |            |                             |            |

2. **First Public Comment Period** - Commissioner Langland opened the first of two comment periods and comment was provided by Ron Smothermon.

#### 3. New Business

a. <u>Resignation of Commissioner Aman</u>: Commissioner Aman announced that he would be resigning from his position as Commissioner. He shared a statement summarizing his reasons, his reflections on his time as Commissioner with the District, and his suggestions for the District's future. Commissioners and Staff individually expressed their appreciation

to Commissioner for Aman for his work and dedication while he served.

- 4. **Superintendent Report** Superintendent Johnson presented his report which was further detailed in the board packet, including:
  - 2024 Overview & 2025 Preview: Superintendent Johnson's report primarily focused on summarizing the work of Commissioners and Staff in 2023 & 2024, as well as plans for the upcoming year. The work and achievements were primarily focused on the three priorities of the District determined by Commissioners during the strategic planning that has taken place since 2023, which were protecting primary care through the establishment of a reserve fund, establishing urgent care on the island which was accomplished in partnership with DispatchHealth, and Behavioral Health reinforcement, with an initial focus on youth. The Board also identified a fourth priority, 'Vulnerable Adults' in 2024 which will be a priority entering 2025. In addition, various enhancements were made to improve District operations, with an additional part-time staff member and improvements to District technology, policies and procedures, and community relationships. 2025 will focus on continuing the work in the priority areas and strengthening District operations and relationships, rather than expanding the scope of the District's work.
  - b. <u>Consent Agenda</u>: Payroll numbers in the consent agenda include the updated Superintendent compensation approved by the Commissioners in the prior month's meeting.
  - c. <u>Strategic Planning</u>: 2025 will include the adoption of a schedule for ongoing planning, implementing, and monitoring/prioritizing activities developed last year. Some of these activities are encapsulated in our monthly processes, and some of them are quarterly emphasis.
  - d. **Nov 25 Special Meeting Minutes**: There has been a request to modify the minutes of the Special Board meeting of Nov 25, 2025, which will be discussed under Unfinished Business.
  - e. <u>Minutes & Recordings</u>: Superintendent Johnson summarized some comments regarding whether the district should record all meetings, along with some arguments for and his reasons against the idea, namely facilitating community dialogue, legal requirements, and logistical challenges. Following some discussion, no action was taken.
  - f. **501 Commons**: The governance committee has worked collectively and separately regarding governance consulting. The committee met with 501 Commons regarding a proposal to do governance education and consultation with the board and may be introduced as a part of the Governance committee report.
  - g. <u>Meeting Procedure</u>: In an effort to improve meetings in the coming year, Superintendent Johnsons summarized some adjustments going forward as well as clarification regarding the different items of the agendas, and their intended purposes.
  - h. **Sea Mar Update:** Sea Mar remains in waiting for their building permits. The District will continue supporting them in engaging and communicating with the community. The two entities will coordinate on messaging to ensure that there is no perception that Sea Mar is at risk of leaving the island.

#### i. Miscellaneous:

- Superintendent Johnson sat for an interview with the Voice of Vashon, providing updates on the district as well as DispatchHealth.
- Staff is available to assist Commissioners with any technology questions or assistance.
- New officers and officials (President, Secretary, Auditor) will be elected for the new year, under Unfinished Business.

# 5. Committee Reports

- a. <u>Finance Committee</u>: The Finance Committee did not meet this period. Third quarter financials were provided in the board packet as requested during the last meeting. In the coming weeks, the Finance Committee will focus on the closure of 2024 financials, as well as preparations for an expected audit in the coming year.
- b. **Behavioral Health Work Group**: The behavioral health work group is still implementing the Youth Behavioral Health strategic initiative and seeking an elementary counselor and data specialist. Pending revisions should those positions move between organizations, the Superintendent has moved forward on implementing individual agreement with VYFS. Work will begin this quarter on establishing harmonized reporting metrics. VYFS is in the process of filling the other 25% FTE Social worker position.
- c. <u>Urgent Care Work Group</u>: The Urgent Care Work Group has continued implementation of the DispatchHealth rollout, which remains considerably ahead of initial targets. Work also continues on the Molina Medicaid and Kaiser authorization procedures. Statistics from the month of December, which were detailed in the board packet, include:
  - 142 patients seen (4.6 per day, 32 per week)
  - A single day high of 7 patients, 3 times
  - 10 days with 6 or more visits
  - 16 days with 5 or more visits
  - 43 visits between 12/24/24 and 1/1/25
  - 312 visits in the 4<sup>th</sup> quarter of 2024 (3.4 visits per day, 23.7 per week)
  - 98 Net Promoter Score
  - Average patient age of 50 (trending downward)
  - Early January numbers appear increased, so we have not yet plateaued.
- d. <u>Vulnerable Adults Work Group</u>: The work group is concentrating on 3 priorities: Moving forward with the Senior Social Worker proposal; a Compassionate Care agreement related to DispatchHealth, and an island-wide Needs Assessment.
  - The Commissioners discussed a Social Worker proposal which was revised following the December meeting and included in the packet for possible action following discussion.

**ACTION:** Commissioner Hamilton moved to approve the hiring of a Social Worker as proposed, which was seconded by Commissioner Day, and approved unanimously (4-0).

 The Compassionate Care Agreement with VYFS has also been updated following the December meeting and was included in the packet. Following discussion, action was requested.

ACTION: Commissioner Hamilton moved to approve the Compassionate Care agreement as

revised, which was seconded by Commissioner Noble, and <u>approved unanimously (4-0)</u>. the hiring of a Social Worker as proposed, which was seconded by Commissioner Day, and approved <u>unanimously (4-0)</u>.

- e. **Strategic Planning Committee of the Whole**: Superintendent Johnson provided an update on the finalization of a dashboard and tracking tools for tracking strategic priorities
- f. Outreach Committee: The committee has been active in outreach and public information activities related to the roll out of DispatchHealth. The committee has been regularly meeting, updating communication materials, and engaging in a comprehensive set of outreach activities. The group has rolled out a new email newsletter, direct mailer, website updates, and a new emphasis on social media activity.
- g. <u>Governance Committee</u>: The committee has met informally, and had a formal, remote meeting with representatives of 501 Commons on January 6, 2025, to explore potential for a consulting engagement of 501 Commons by VYFS. No action was taken.

### 6. Unfinished Business

a. November 25 Special Meeting Minutes - Some amendments were proposed to the draft minutes for the November 25th Special Meeting, which provided an opportunity for the Commissioners to discuss the best approach and format for the minutes, and the preferred amendment process, as well as the specific amendments proposed for the November 25th minutes. Following that discussion, the following motion was taken:

**ACTION**: Commissioner Hamilton moved to approve the draft minutes for the November 25th Special Meeting, which was seconded by Commissioner Noble, and approved unanimously (4-0).

- b. <u>Election of Board Officers</u> Commissioner Langland and Superintendent Johnson introduced the annual election of Board Officers, and the roles of each. Following discussion about roles, and no objection, Commissioner Langland will continue to serve as President, with Commissioner Noble as Secretary. The position of Auditor will not be formally filled at this time, and Commissioner Langland will continue to perform that role in the interim.
- 7. New Business None
- 8. Second Public Comment Period None
- 9. **Adjournment**: Following a motion and second the meeting was adjourned with unanimous approval at 9:15 p.m.

Next Meeting: February 19, 2025 Regular Meeting

Meeting minutes are posted on the Vashon Health Care District website after Board approval: https://vashonhealthcare.org/meeting-minutes/